

Guidance Notes Children's 2017 Growing Classes

version 3 of 15 May 2017

Tub of Cress (class 122) - Up to age 5 - Sowing Deadline - 6 August

Cress is very easy to grow indoors. It only takes about two weeks. Just sprinkle the seed onto wet kitchen paper in a recycled salad or coleslaw container etc..

Cover the pot until the seeds start to grow then bring the container into the light and keep the paper damp.

Bunch of Radishes (class 126) - Age 5-7 - Sowing Deadline: mid-July

Sow your seed thinly 1.5cm deep directly into well prepared soil outside, or alternatively sow thinly in pots. They will take 4-5 weeks to grow. For the show choose your best radishes, wash the soil off but do not cut off the roots. Tie the radishes in a bunch then cut off the top half of the leaves. Top tip! Radishes do like lots of water.

Virginia Stocks (class 130) - Age group: 8-11 years.

Sow your seeds as soon as possible. Use a potting tray or similar which is 7-8 cm deep. A recycled supermarket plastic mushroom box would be an ideal size (18cmx18cm). Make sure there are drainage holes in the bottom.

Be careful – the seeds are tiny so sprinkle them VERY thinly. Water carefully. If they are not quite flowering by show date, you can still enter them in the show – the judges will like to see your plants.

Tray of Salad Leaf Plants (class 134) - Age 12-15 - Sowing Deadline: mid-July

Salad leaves take about 4-5 weeks to grow. Use a half-sized potting tray which measures about 15cmx22cm or use a recycled plastic supermarket tray about that size. Make sure there are drainage holes in the bottom. Sow the seed, cover lightly with compost and then thin out the plants to give them room to grow.